

**Sunflowers 5k; 1 Dec 2018**

Position	Name	Time	Club	Gender	Gender position	Age category	Category position
1	James Tartt	00:16:09	Southport Waterloo AC	M	1	M Senior	1
2	Jon-Jo Doherty	00:16:38	St Helens Striders	M	2	M Senior	2
3	Tom O'Dowd	00:17:17	Knowsley Harriers AC	M	3	M Senior	3
4	Colin Potts	00:17:22	Liverpool Harriers	M	4	M V 45	1
5	Ashley Crawford	00:17:26		M	5	M Senior	4
6	Jay Clarke	00:17:32	Penny Lane Striders	M	6	M Senior	5
7	Ben Lewington	00:17:40	Kirkby Milers	M	7	M Senior	6
8	Sean Jones	00:17:42	Penny Lane Striders	M	8	M Senior	7
9	Thomas Dempsey	00:17:46	Kirkby Milers	M	9	M Senior	8
10	David Willshire	00:17:53	Penny Lane Striders	M	10	M V 35	9
11	Benjamin Webb	00:18:03	Halton and Frodsham	M	11	M U17	1
12	Sarah Mackness	00:18:04	Notts AC	F	1	F Senior	1
13	Patrick Boyle	00:18:10	Liverpool Running Club	M	12	M V 40	1
14	Rob Dewhurst	00:18:18	Liverpool Harriers	M	13	M V 40	2
15	Stephen Campbell	00:18:18	Knowsley Harriers AC	M	14	M Senior	10
16	Robbie Collins	00:18:29	Liverpool Harriers	M	15	M Senior	11
17	Phil Riding	00:18:45	Penny Lane Striders	M	16	M V 40	3
18	Kevin Brennan	00:19:00	St Helens Striders	M	17	M V 45	2
19	Gary Wilton	00:19:07	Kirkby Milers	M	18	M V 40	4
20	Cameron Oliver	00:19:17	Kirkby Milers	M	19	M U13	1
21	Gary Fisher	00:19:20	Kirkby Milers	M	20	M Senior	12
22	Dave Lawton	00:19:25	Liverpool Running Club	M	21	M V 35	13
23	Kelly Hamilton	00:19:25	St Helens Striders	F	2	F Senior	2
24	Adam Fitzsimmons	00:19:39	Kirkby Milers	M	22	M Senior	14
25	Lisa Gawthorne	00:19:40	Liverpool Pembroke Sefton AC	F	3	F V 35	1
26	A Landry	00:19:41	Kirkby Milers	M	23	M V 55	1
27	Nigel Grant	00:19:43	Penny Lane Striders	M	24	M V 55	2
28	Rachael Fairclough	00:19:56	St Helens Striders	F	4	F Senior	3

29	Tim Grace	00:20:04	Mersey Tri	M	25	M V 45	3
30	Richard Costain	00:20:22	Penny Lane Striders	M	26	M Senior	15
31	Darren Eckersley	00:20:30	St Helens Striders	M	27	M V 45	4
32	Charlotte Wilson-Dewhurst	00:20:31	Liverpool Harriers	F	5	F Senior	4
33	Peter Sandford	00:20:32	Dallam Running Club	M	28	M V 60	1
34	Alan Joyce	00:20:38	Knowsley Harriers AC	M	29	M V 60	2
35	Lee Warburton	00:20:40	Penny Lane Striders	M	30	M V 45	5
36	Derri Henderson	00:20:46	Kirkby Milers	M	31	M U13	2
37	Danielle Scott	00:20:47	Knowsley Harriers AC	F	6	F Senior	5
38	Tom Bosworth	00:20:51	Tonbridge AC	M	32	M Senior	16
39	Tim Igoe	00:21:01	Helsby Running Club	M	33	M Senior	17
40	Robbie Wood	00:21:05	Liverpool Pembroke Sefton AC	M	34	M V 60	3
41	Christopher Lee	00:21:23	Liverpool Running Bugs	M	35	M V 45	6
42	Chris Wills	00:21:26	Knowsley Harriers AC	M	36	M V 40	5
43	Louise Jackson	00:21:31	Knowsley Harriers AC	F	7	F Senior	6
44	Kylie Barlow	00:21:53	St Helens Striders	F	8	F Senior	7
45	Alan Spencer	00:22:17	Knowsley Harriers AC	M	37	M V 55	3
46	Marty Hirrel	00:22:23	Penny Lane Striders	M	38	unknown	0
47	Kristopher McBride	00:22:25		M	39	M Senior	18
48	Graham Liu	00:22:37	Southport Waterloo AC	M	40	M V 50	1
49	Jennifer Houghton	00:22:48	Kirkby Milers	F	9	F Senior	8
50	James Ellis	00:22:48	Kirkby Milers	M	41	M Senior	19
51	Andrea Bond	00:23:06	Penny Lane Striders	F	10	F V 35	2
52	Steven Bullock	00:23:28		M	42	M V 60	4
53	William John Jones	00:23:38	Knowsley Harriers AC	M	43	M V 50	2
54	Stuart Brandwood	00:23:48	Penny Lane Striders	M	44	M V 40	6
55	Dave Downey	00:24:08		M	45	M V 50	3
56	Sue Heaps	00:24:24	St Helens Striders	F	11	F V 50	1
57	Gordon Scholefield	00:24:29	Pensby Runners	M	46	M V 65	1
58	Laura Clarke	00:24:50	Isabella Rose	F	12	F V 35	3
59	Michael Charman	00:24:53	Knowsley Harriers AC	M	47	M V 65	2
60	Kerry Riley	00:24:57	St Helens Striders	F	13	F V 35	4

61	Sharon Martin	00:25:20	Knowsley Harriers AC	F	14	F V 40	1
62	Billy Hargreaves	00:25:29	Southport Waterloo AC	M	48	M V 70	1
63	Andy Hirrell	00:25:30	Kingston AC	M	49	M Senior	20
64	Supanki Kamalanathan	00:25:33	Penny Lane Striders	F	15	F Senior	9
65	Megan Thomas	00:25:56	Penny Lane Striders	F	16	F Senior	10
66	David Owens	00:25:56	Penny Lane Striders	M	50	M V 40	7
67	Katie Dawson	00:25:57	Penny Lane Striders	F	17	F V 40	2
68	Samantha Bentall	00:26:27	Penny Lane Striders	F	18	F V 50	2
69	Jane Nicholson	00:26:27	Penny Lane Striders	F	19	F V 50	3
70	Steve Minshull	00:26:42	Knowsley Harriers AC	M	51	M V 45	7
71	Rachel Rick	00:26:43	Penny Lane Striders	F	20	F V 55	1
72	Mark Nanson	00:26:46	19 Crimes	M	52	M V 35	21
73	Marie Motley	00:26:53	Penny Lane Striders	F	21	F V 50	4
74	Tommy Gates	00:26:54	Penny Lane Striders	M	53	M V 55	4
75	David Limbrick	00:27:45	Islwyn Running Club	M	54	M V 55	5
76	Lisa Donegan	00:28:23		F	22	F V 35	5
77	Kenny Daly	00:28:38		M	55	M V 45	8
78	Diane Takrak	00:28:47	St Helens Tri	F	23	F V 45	1
79	Jessica Cavanagh	00:28:48		F	24	F V 35	6
80	Angela Joyce KHAC	00:28:50	Knowsley Harriers AC	F	25	F V 60	1
81	Dagmara Stankiewicz	00:29:13	Knowsley Harriers AC	F	26	F Senior	11
82	Glen Wilkinson	00:29:13		M	56	M V 45	9
83	Jim Garvey	00:30:55	Penny Lane Striders	M	57	unknown	0
84	Ruth Worthington	00:32:19		F	27	F V 40	3
85	Ruth Scott	00:32:24	Picton SC RC	F	28	F V 50	5
86	Ronald Thornton	00:32:31	Liverpool Running Bugs	M	58	M V 75	1
87	Chloe Beckett	00:32:45	Knowsley Harriers AC	F	29	F Senior	12
88	Suzy Hamley	00:32:46	Knowsley Harriers AC	F	30	F V 40	4
89	Stephanie Charman	00:32:57	Knowsley Harriers AC	F	31	F V 65	1
90	Janet Murray	00:34:22		F	32	F V 35	7
91	Denise Scott	00:36:37	Liverpool Harriers	F	33	F V 40	5
92	Kevin O'Brien	00:38:04	Penny Lane Striders	M	59	M V 75	2

93 Lisa Minshull

00:38:12 Knowsley Harriers AC

F

34

F V 45

2