

Sunflowers 5k; 6 Oct 2018

Position	Name	Time	Club	Gender	Gender position	Age category	Category position
1	Joseph Boden	0:15'59	Wallasey AC	M	1	M Senior	1
2	Jack Poland	0:17'22	Wallasey AC	M	2	M Senior	2
3	Ashley Crawford	0:17'44		M	3	M Senior	3
4	Michael Harrington	0:17'56	Vale Royal AC	M	4	M V 45	1
5	Stephen Doyle	0:17'57	Knowsley Harriers AC	M	5	M V 40	
6	Steven Edwards	0:18'21	Ellesmere Port RC	M	6	M Senior	4
7	Chris Fitzpatrick	0:19'00	Helsby Running Club	M	7	M V 40	2
8	Peter Rodriguez	0:19'05	Helsby Running Club	M	8	M V 40	3
9	Ian Hamling	0:19'07	Helsby Running Club	M	9	M Senior	5
10	Charlie Deakin	0:19'15	Kirkby Milers	M	10	M U17	1
11	Dave Lawton	0:19'29	Liverpool Running Club	M	11	M Senior	6
12	Cameron Oliver	0:19'33		M	12	M U13	1
13	John Harrison	0:19'35	Ellesmere Port RC	M	13	M Senior	7
14	William John Jones	0:19'44	Knowsley Harriers AC	M	14	M V 50	1
15	Richard Hawkins	0:19'46	Helsby Running Club	M	15	M V 45	2
16	Steven Nokes	0:19'47	Warrington Road Runners	M	16	M V 40	4
17	Alan Metcalf	0:19'48	Preston Harriers	M	17	M V 55	1
18	Philippa Barrett	0:19'49	Ribble Valley Harriers	F	1	F Senior	1
19	Joe Preston	0:19'49		M	18	M Senior	8
20	Tadie Abeki	0:20'10	Knowsley Harriers AC	M	19	M V 40	5
21	David Webb	0:20'37	Penny Lane Striders	M	20	M Senior	9
22	Derri Henderson	0:20'48	Kirkby Milers	M	21	M U13	2
23	Robert Hough	0:21'00	Helsby Running Club	M	22	M Senior	10
24	Matthew Girven	0:21'01		M	23	M Senior	11
25	John Rossiter	0:21'05	Helsby Running Club	M	24	M V 60	1
26	Paul Hanley	0:21'28	Knowsley Harriers AC	M	25	M V 40	6
27	Steve Pemberton	0:21'51	Penny Lane Striders	M	26	M V 60	2
28	Marty Hirrel	0:21'58	Penny Lane Striders	M	27	unknown	0

29	Christopher Lee	0:22'12	Liverpool Running Bugs	M	28	M V 45	3
30	Roy Gashill	0:22'20	Helsby Running Club	M	29	M V 50	2
31	Graham Liu	0:22'22	Southport Waterloo AC	M	30	M V 50	3
32	Daniel Issawi	0:22'37	Knowsley Harriers AC	M	31	M Senior	12
33	Rachael Holden	0:23'52	Helsby Running Club	F	2	F Senior	2
34	Susie Woodward-Moor	0:23'56	Helsby Running Club	F	3	F V 50	1
35	Louise Marsden	0:24'02	Wallasey AC	F	4	F Senior	3
36	Graham Deane	0:24'11	Knowsley Harriers AC	M	32	M Senior	13
37	Michael Charman	0:24'24	Knowsley Harriers AC	M	33	M V 65	1
38	Michael Sharkey	0:24'41	Penny Lane Striders	M	34	M V 65	2
39	Billy Hargreaves	0:24'45	Southport Waterloo AC	M	35	M V 70	1
40	Emma Johnson	0:24'45	Sandymoor	F	5	F V 35	1
41	Chris Probert	0:24'49	Penny Lane Striders	M	36	M V 55	2
42	Spencer Hanley	0:24'53	Knowsley Harriers AC	M	37	M U13	3
43	Alan Spencer	0:20'00	Knowsley Harriers AC	M	38	M V 55	3
44	Steven Scrivens	0:25'12		M	39	M V 50	4
45	Janice Metcalf	0:25'51		F	6	F V 50	2
46	Martin Weadock	0:26'03		M	40	M Senior	14
47	Ray Robinson	0:26'10		M	41	M V 60	3
48	Sophie Ogilvie	0:26'18	Kirkby Milers	F	7	F U13	1
49	Paul Wilson	0:26'30	Widnes Running Club	M	42	M V 55	4
50	Dennis Yarwood	0:26'38	Spectrum Striders	M	43	M V 50	5
51	Helen Thomas	0:27'03	Warrington Road Runners	F	8	F V 35	2
52	Natalie O'Honlon	0:28'04		F	9	F Senior	4
53	Steven Skillicorn	0:28'31		M	44	M V 40	7
54	Michelle Kelly	0:28'36	Penny Lane Striders	F	10	F V 55	1
55	John Kelly	0:28'36	Liverpool Running Bugs	M	45	M V 55	5
56	Danielle Smith	0:29'18		F	11	F Senior	5
57	Jen Yates	0:29'50		F	12	F Senior	6
58	Sue Issawi	0:29'59	Sandymoor	F	13	F V 60	1
59	Joseph Ogilvie	0:30'23	Kirkby Milers	M	46	M U13	4
60	Jessica Cavanagh	0:30'24		F	14	F V 35	3

61	James Ellis	0:30'25	Kirkby Milers	M	47	M Senior	15
62	Ronald Thornton	0:30'40	Liverpool Running Bugs	M	48	M V 75	1
63	Sue Towner	0:30'46	Penny Lane Striders	F	15	F V 60	2
64	Ruth Worthington	0:31'34		F	16	F V 40	1
65	Rachael Bennett	0:32'07		F	17	F Senior	7
66	Siobhan Nobb	0:32'38		F	18	F Senior	8
67	Jamie Nickson	0:33'02		M	49	M U13	5
68	Joanne Hanley	0:33'03	Knowsley Harriers AC	F	19	F V 40	2
69	Colin Thompson	0:33'04	Helsby Running Club	M	50	M Senior	16
70	Pauline Fielding	0:33'10	Penny Lane Striders	F	20	F V 60	3
71	Stephanie Charman	0:33'13	Knowsley Harriers AC	F	21	F V 65	1
72	Angela Joyce	0:37'21	Penny Lane Striders	F	22	F V 50	3