

Sunflowers 5k; 1 Sep 2018

Position	Name	Time	Club	Gender	Gender position	Age category	Category position
1	Thomas Griffiths	0:15'49	St Helens Sutton AC	M	1	M Senior	1
2	Jon-Jo Doherty	0:16'10	St Helens Striders	M	2	M Senior	2
3	Rob Pearse	0:16'34	Wallasey AC	M	3	M V 40	1
4	Ben Lewington	0:16'55	Kirkby Milers	M	4	M Senior	3
5	Peter Fairclough	0:16'55	St Helens Striders	M	5	unknown	
6	Ryan Jones	0:16'56	Kirkby Milers	M	6	M Senior	4
7	Kane Green	0:16'59	St Helens Striders	M	7	M Senior	5
8	Jay Clarke	0:17'25	Penny Lane Striders	M	8	M Senior	6
9	Ashley Crawford	0:17'42		M	9	M Senior	7
10	Sean Jones	0:17'46	Penny Lane Striders	M	10	M Senior	8
11	Dean Howlett	0:17'50	Liverpool Running Club	M	11	M Senior	9
12	James Ellis	0:17'53	Kirkby Milers	M	12	M Senior	10
13	Andrew Fearn	0:17'55	Knowsley Harriers AC	M	13	M V 40	2
14	Chris Pownell	0:18'00	Knowsley Harriers AC	M	14	M Senior	11
15	James Ingram	0:18'03	Kirkby Milers	M	15	M Senior	12
16	Steven Edwards	0:18'09	Ellesmere Port RC	M	16	M Senior	13
17	Stephen Watkin	0:18'13	Penny Lane Striders	M	17	M Senior	14
18	Gary Fisher	0:18'19	Kirkby Milers	M	18	M Senior	15
19	Graham Douglas	0:18'19	Penny Lane Striders	M	19	M Senior	16
20	John McLaren	0:18'20	Knowsley Harriers AC	M	20	M Senior	17
21	Sam Evans	0:18'21	Penny Lane Striders	M	21	M Senior	18
22	Jack McKeon	0:18'22	Thames Valley Harriers	M	22	M U20	1
23	Sean Wilton	0:18'31	Kirkby Milers	M	23	M Senior	19
24	Phil Riding	0:18'41	Penny Lane Striders	M	24	M V 40	3
25	Ian Hewitt	0:18'45	Liverpool Running Bugs	M	25	M V 40	4
26	Ralph Pawling	0:18'48	Pensby Runners	M	26	M Senior	20
27	Mark Riley	0:18'51	St Helens Striders	M	27	M Senior	21
28	Colin Dobbs	0:18'54	Penny Lane Striders	M	28	M V 40	5

29	Lewis Houghton	0:19'05	Kirkby Milers	M	29	M U20	2
30	Simon Rogers	0:19'05	Pensby Runners	M	30	M V 55	1
31	Kelly Hamilton	0:19'07	St Helens Striders	F	1	F Senior	1
32	Chris Pedder	0:19'08	Liverpool Pembroke Sefton AC	M	31	M V 60	1
33	Matthew Whalley	0:19'12	Kirkby Milers	M	32	M U20	3
34	Robert Moore	0:19'14	Knowsley Harriers AC	M	33	M V 40	6
35	John Harrison	0:19'21	Ellesmere Port RC	M	34	M Senior	22
36	Lauren Wilson	0:19'32	Penny Lane Striders	F	2	F Senior	2
37	Robert Burke	0:19'37	Liverpool Running Club	M	35	M V 50	1
38	Ian Costello	0:19'37	St Helens Sutton AC	M	6	M V 45	1
39	Anthony Ellis	0:19'44	St Helens Striders	M	37	M Senior	23
40	Tony Landry	0:19'46	Kirkby Milers	M	38	M V 55	2
41	Tadie Abeki	0:19'47	Knowsley Harriers AC	M	39	M V 40	7
42	David Lynan	0:19'53	Penny Lane Striders	M	40	M V 40	8
43	Dave Owens	0:20'00	Penny Lane Striders	M	41	M V 40	9
44	Mike Walker	0:20'03	Southport Waterloo AC	M	42	M V 65	1
45	Andrew McGlone	0:20'03	Kirkby Milers	M	43	M Senior	24
46	Paul Whittle	0:20'04		M	44	M V 45	2
47	Anthony Metcalfe	0:20'08	Mossley Hill AC	M	45	M V 60	2
48	Russ Seaman	0:20'08		M	46	M Senior	25
49	Helen Stansfield	0:20'09	Wallasey AC	F	3	F V 35	1
50	Brian Middleton	0:20'11	St Helens Striders	M	47	M V 65	2
51	Daniel Tetlow	0:20'20	St Helens Striders	M	48	M Senior	26
52	Danielle Scott	0:20'23	Knowsley Harriers AC	F	4	F Senior	3
53	Stella Hayden	0:20'23	Penny Lane Striders	F	5	F Senior	4
54	Simone Capponi	0:20'27	Penny Lane Striders	M	49	M V 40	10
55	Andrew Glen	0:20'33	Liverpool Running Bugs	M	50	M V 50	2
56	Carl Yu	0:20'39	Liverpool Running Club	M	51	M V 40	11
57	Alan Joyce	0:20'42	Knowsley Harriers AC	M	52	M V 60	3
58	William John Jones	0:20'47	Knowsley Harriers AC	M	53	M V 50	3
59	Darren Eckersley	0:20'53	St Helens Striders	M	54	M V 45	3
60	Adam Fitzsimmons	0:20'53	Kirkby Milers	M	55	M Senior	27

61	Joe Chedgzoy	0:21'00	Kirkby Milers	M	56	M Senior	28
62	Kathryn Bradley	0:21'01	Penny Lane Striders	F	6	F Senior	5
63	Alan Spencer	0:21'01	Knowsley Harriers AC	M	57	M V 55	3
64	Frank Cahill	0:21'02	St Helens Striders	M	58	M V 60	4
65	Chris Wills	0:21'09	Knowsley Harriers AC	M	59	M V 40	12
66	David Webb	0:21'15	Penny Lane Striders	M	60	M Senior	29
67	Dave Barr	0:21'19		M	61	M V 45	4
68	David McAlister	0:21'21	Wallasey AC	M	62	M V 55	4
69	Rebecca Burke	0:21'21	Liverpool Running Club	F	7	F U20	1
70	Alex Bentley	0:21'25	Liverpool Running Bugs	M	63	M Senior	30
71	Kevin Cairns	0:21'26	St Helens Striders	M	64	M V 40	13
72	Marty Hirrel	0:21'29	Penny Lane Striders	M	65	unknown	
73	Justine Moore	0:21'30	Knowsley Harriers AC	F	8	F V 45	1
74	Sean Farrelly	0:21'33	Warrington Road Runners	M	66	M V 50	4
75	Louise Jackson	0:21'43	Knowsley Harriers AC	F	9	F Senior	6
76	Jo Harrison	0:21'47	Penny Lane Striders	F	10	F Senior	7
77	Rebecca Sargeant	0:21'50	Penny Lane Striders	F	11	F Senior	8
78	John McCaffrey	0:21'55	Knowsley Harriers AC	M	67	M Senior	31
79	Peter Foale	0:22'13		M	68	M V 65	3
80	Andy Duff	0:22'18	Liverpool Running Bugs	M	69	M V 40	14
81	Wendy Davies	0:22'26	St Helens Striders	F	12	F V 40	1
82	Mark Skelton	0:22'40	Penny Lane Striders	M	70	M V 55	5
83	Paul Fitzgerald	0:22'41	Knowsley Harriers AC	M	71	M V 40	15
84	Louis Atkinson	0:22'48	Kirkby Milers	M	72	M Senior	32
85	Kylie Maguire	0:22'50	St Helens Striders	F	13	F Senior	9
86	Charlotte Smith	0:22'51	Kirkby Milers	F	14	F Senior	10
87	Dominic Rowan	0:23'09	St Helens Striders	M	73	M Senior	33
88	Susan Kerfoot	0:23'13	St Helens Striders	F	15	F V 35	2
89	Peter Morgan	0:23'16	Penny Lane Striders	M	74	M V 60	5
90	Sue Burke	0:23'18	Penny Lane Striders	F	16	F V 45	2
91	Andrea Bond	0:23'21	Penny Lane Striders	F	17	F V 35	3
92	Graham Deane	0:23'23	Knowsley Harriers AC	M	75	M Senior	34

93	Kelly Marrin	0:23'24	Knowsley Harriers AC	F	18	F V 40	2
94	Stuart Brandwood	0:23'28	Penny Lane Striders	M	76	M V 40	16
95	William Merritt	0:23'42	Knowsley Harriers AC	M	77	M V 55	6
96	Tony Peacock	0:23'45	Penny Lane Striders	M	78	M V 65	4
97	Gordon Scholefield	0:23'47	Pensby Runners	M	79	M V 65	5
98	Mark Fillingham	0:23'52	St Helens Striders	M	80	M V 50	5
99	Jenny Martin	0:23'55	St Helens Striders	F	19	F V 35	4
100	Bhav Mistry	0:24'01	Kirkby Milers	F	20	F V 45	3
101	Mike Evans	0:24'06	Knowsley Harriers AC	M	81	M V 65	6
102	Samantha Bentall	0:24'07	Penny Lane Striders	F	21	F V 50	1
103	Sue Heaps	0:24'17	St Helens Striders	F	22	F V 50	2
104	Joshua McGovern	0:24'22	Liverpool Running Bugs	M	82	M Senior	35
105	Billy Hargreaves	0:24'28	Southport Waterloo AC	M	83	M V 70	1
106	Martin Farrar	0:24'38	St Helens Striders	M	84	M V 50	6
107	Mal Tayler	0:25'00	Penny Lane Striders	M	85	M V 40	17
108	Nigel Foo	0:25'01	Penny Lane Striders	M	86	M V 45	5
109	Chris Probert	0:25'05	Penny Lane Striders	M	87	M V 55	7
110	Stan Cottier	0:25'09	Liverpool Running Club	M	88	M V 70	2
111	Gary Eccleston	0:25'10	St Helens Striders	M	89	M Senior	36
112	Katie Dawson	0:25'16	Penny Lane Striders	F	23	F V 40	3
113	James Roberts	0:25'18	Penny Lane Striders	M	90	M Senior	37
114	Jane Nicholson	0:25'22	Penny Lane Striders	F	24	F V 50	3
115	Kerry Riley	0:25'35	St Helens Striders	F	25	F V 35	5
116	Nicola Donovan	0:25'36	St Helens Striders	F	26	F V 45	4
117	Waldemar Rutkowski	0:26'01	Widnes Running Club	M	91	M Senior	38
118	Amanda Holman	0:26'10	Kirkby Milers	F	27	F V 45	5
119	David Limbrick	0:26'11	Islwyn Running Club	M	92	M V 55	8

120	Jackie Jones	0:26'18	Liverpool Running Club	F	28	F V 50	4
121	Brian Higgins	0:26'27	Penny Lane Striders	M	93	M V 50	7
122	Sharon Martin	0:26'44	Knowsley Harriers AC	F	29	F V 40	4
123	Annmarie Daley	0:26'47	Liverpool Running Club	F	30	F V 40	5
124	Adrian Pridgeon	0:26'54	St Helens Striders	M	94	M Senior	39
125	Tony Dickinson	0:27'04	Kirkby Milers	M	95	M V 45	6
126	Rachel Kuypers	0:27'14	Widnes Wasps	F	31	F V 40	6
127	Tony Tarpey	0:27'50	Pensby Runners	M	96	M V 55	9
128	Carolyn Flanagan	0:27'51	Warrington Road Runners	F	32	F V 50	5
129	Arthur Cross	0:28'01	Knowsley Harriers AC	M	97	M V 60	6
130	Shirley Chueng	0:28'09	Liverpool Running Club	F	33	F V 45	6
131	Zoe Fillingham	0:28'11	St Helens Striders	F	34	F V 45	7
132	Linda Rodgers	0:28'17	Liverpool Running Club	F	35	F V 55	1
133	Carol Platt	0:28'22	Kirkby Milers	F	36	F V 55	2
134	Inma Ruiz	0:28'31	Penny Lane Striders	F	37	F V 45	8
135	Soraya Meah	0:28'32	Penny Lane Striders	F	38	F V 55	3
136	Wendy Gidman	0:28'59	Warrington Road Runners	F	39	F V 50	6
137	Sioux McGee	0:29'09	Penny Lane Striders	F	40	F V 55	4
138	Laura McAllister	0:29'24	Knowsley Harriers AC	F	41	F Senior	11
139	Paula Kelly	0:29'25	Penny Lane Striders	F	42	F V 45	9
140	Angela Joyce KHAC	0:29'28	Knowsley Harriers AC	F	43	F V 60	1
141	Michael Charman	0:29'29	Knowsley Harriers AC	M	98	M V 65	7
142	Christine Humphrey	0:29'29	St Helens Striders	F	44	F V 55	5
143	Onnor Hampson	0:29'31	Liverpool Running Bugs	F	45	F V 45	10
144	Karen Mason	0:30'01	St Helens Striders	F	46	F V 50	7
145	Sue Towner	0:30'06	Penny Lane Striders	F	47	F V 60	2
146	Claudia McLean	0:30'06	Liverpool Running Bugs	F	48	F V 45	11
147	Joanne Mercer	0:30'07	St Helens Striders	F	49	F V 45	12
148	Cath Hughson	0:30'08		F	50	F V 35	6
149	Nicola Maddock	0:30'10	Liverpool Running Bugs	F	51	F V 40	7
150	Steve Maddock	0:30'20	Liverpool Running Bugs	M	99	M V 45	7
151	Ronald Thornton	0:30'21	Liverpool Running Bugs	M	100	M V 75	1

152	Susan Issawi	0:30'30	Run Sandymoor	F	52	F V 60	3
153	Jim Garvey	0:31'08	Penny Lane Striders	M	101	unknown	
154	Joanne Edwards	0:31'25	Penny Lane Striders	F	53	F V 45	13
155	Agata Rutkowska	0:31'38	Widnes Wasps	F	54	F V 35	7
156	Liz Dennett	0:31'53	Canicross Clwyd	F	55	F V 45	14
157	Debi McMillan	0:32'48	Penny Lane Striders	F	56	F V 45	15
158	Pauline Fielding	0:32'54	Penny Lane Striders	F	57	F V 60	4
159	Stephanie Charman	0:32'55	Knowsley Harriers AC	F	58	F V 65	1
160	Liz Owens	0:33'04	Knowsley Harriers AC	F	59	F V 55	6
161	Mary Abbott	0:36'41	St Helens Striders	F	60	F V 40	8